

SYMPTOMATIC INTRACEREBRAL HEMORRHAGE COMPLICATING INTRA- ARTERIAL MECHANICAL THROMBECTOMY IN ACUTE ISCHEMIC STROKE

by Muhammad Yunus Amran

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SYMPTOMATIC INTRACEREBRAL HEMORRHAGE COMPLICATING INTRA-ARTERIAL MECHANICAL THROMBECTOMY IN ACUTE ISCHEMIC STROKE

Muhammad Yunus Amran,^{1*} Ashari Bahar¹

¹Division of Interventional Neurology and Neuroendovascular Therapy, Department of Neurology, Faculty of Medicine, Hasanuddin University. Brain Centre, Dr. Wahidin Sudirohusodo General Hospital and Hasanuddin University Teaching Hospital. Jl. Perintis Kemerdekaan KM 11, Makassar, South Sulawesi, 90245, Indonesia.

³⁰*Corresponding Author: Muhammad Yunus Amran, M.D., Ph.D., FIPM, FINR, FINA. Neurologist, Lecturer and Clinical Associate Professor, Division of Interventional Neurology and Neuroendovascular Therapy, Department of Neurology, Faculty of Medicine, Hasanuddin University. Brain Centre, Dr. Wahidin Sudirohusodo General Hospital and Hasanuddin University Teaching Hospital. Jl. Perintis Kemerdekaan KM 11, Makassar, South Sulawesi, 90245, Indonesia. Email: yunusamran10@gmail.com

ABSTRACT

BACKGROUND: Acute ischemic stroke (AIS) is the most common type of stroke. The endovascular treatment of AIS depends on stroke subtype, whether caused by large vessel occlusion (LVO) or not. We presented a case of AIS due to LVO that has complication in the form of symptomatic intracerebral hemorrhage (sICH) after an intra-arterial mechanical thrombectomy.

CASE PRESENTATION: An 80-year-old woman was admitted to the emergency department with sudden onset left side weakness since less than one hour before admission, when the patient had woke up in the morning. The patient had history of hypertension, diabetes mellitus and dyslipidemia. She also had cardiac disorders in the form of non-valvular atrial fibrillation with 55% left ventricular ejection fraction (LVEF). Her blood pressure was 148/84 mmHg, heart rate was 65 beats/minute, respiratory rate was 17 times/minute and body temperature was 36.2°C. Glasgow coma scale (GCS) was E3V4M5; National Institutes of Health Stroke Scale (NIHSS) was 15. She had moderate aphasia. Head CT scan did not show any hyper- or hypodens areas and Alberta Stroke Program Early CT score was 10. RAPID automated CT perfusion using Quantitative Software showed the mismatch volume was 192 ml and the mismatch ratio was 7.4. Endovascular therapy in the form of intra-arterial mechanical thrombectomy was performed, and blood flow in the right internal carotid artery (ICA) was

restored with the score of Modified Thrombolysis in Cerebral Infarction (mTICI) was III. Follow up Non-contrast Head CT scan was performed and revealed acute infarction with hemorrhagic transformation in the middle cerebral artery (MCA) territory.

CONCLUSION: Early and accurate treatment of AIS is paramount. Endovascular treatment in the form of intra-arterial mechanical thrombectomy is the current treatment recommendation in LVO although there is a risk of symptomatic intracerebral hemorrhage, as in this case.

Keyword: Acute Ischemic Stroke (AIS), rtPA IV, Intra-Arterial mechanical thrombectomy, Large Vessel Occlusion (LVO)

INTRODUCTION

Cerebrovascular disease/stroke is a major health problem and the leading cause of death and disability in the world and in Indonesia. Based on RISKESDAS 2018, there has been an increase in the prevalence of stroke (permil) in Indonesian population aged ≥ 15 years, in 2013-2018 from 7% to 10.9% [1],[2]. Acute ischemic stroke (AIS) is the most common type of stroke with high rate of disability and death [3],[4]. The management of AIS has evolved since the last 20 years. The principle treatment of AIS is intravenous recombinant tissue plasminogen activator (rt-PA) and endovascular therapy using several catheter-based treatment systems [5],[6],[7],[8]. Endovascular treatment of AIS uses minimally invasive protocol with catheter placement through femoral artery puncture. This procedure has several complications, which can potentially worsen the patient's outcome. Complication can be caused by catheter manipulation, micro-wire and the use of several thrombectomy devices which can damage to the endothelial lining of the cerebral artery. It may also be caused by the presence of micro emboli that are released when an endovascular handler is performed. In this case report, we reported a case of AIS that was treated with intra-arterial thrombectomy (IAT) using several thrombectomy devices with the results of modified Thrombolysis in Cerebral Infarction (mTICI) 3. However, one day after IAT the patient developed intracranial hemorrhage in the right middle cerebral artery (MCA) infarction.

CASE REPORT

An 80-year-old woman was admitted to the emergency department with complaints of weakness in the left side of her body since less than an hour before admitted. The weakness was developed suddenly after she woke up in the morning. The patient also complained left facial cramp. She had history of hypertension, diabetes mellitus and dyslipidemia. She also had history of non-valvular atrial fibrillation with left ventricular ejection fraction (LVEF) of 55% and routinely consumed Rivaroxaban 15 mg/day. On physical examination, blood pressure was 148/84 mmHg, heart rate was 65 beats/minute, respiratory rate was 17 times/minute and body temperature was 36.2°C. Neurological examination was significant for somnolence, with Glasgow coma scale (GCS) score was E3V4M5. She had moderate aphasia, left cranial nerve XII paresis, left sided hemihypesthesia; and left hemiparesis, with National Institutes of Health Stroke Scale (NIHSS) score was 15. The head CT scan results did not show any hyper- or hypodense lesion and the Alberta Stroke Program Early CT score (ASPECTS) was 10 (Figure 1).

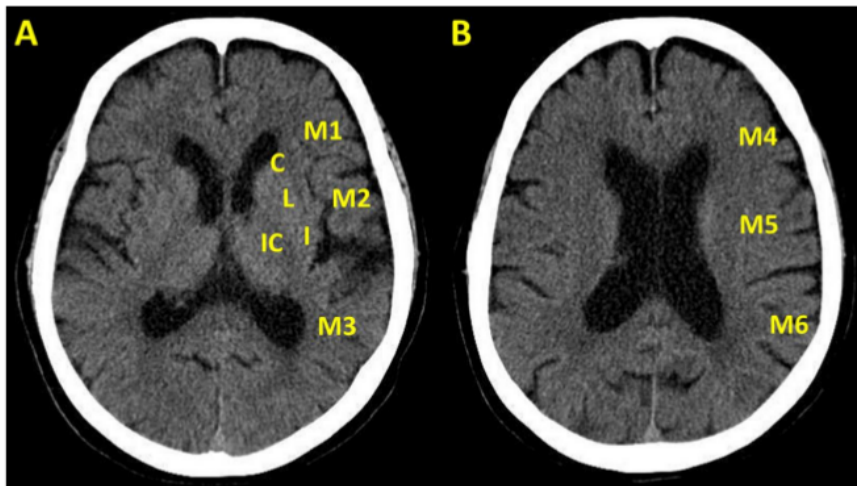


Figure 1. Head CT Scan. A. Axial/ Basal Ganglia view. No hypodens or hyperdens appear on the axial section (basal ganglia level); B. Axial/ Ganglion Margin view. No hypodens or hyperdens appear on the axial section (ganglion margin level). (M1-M6: Cortical region, C: Caudate, L: Lentiformis, IC: Internal Capsules, I: Insular Ribbon)

Automated CT perfusion RAPID using Quantitative Software showed that the volume mismatch was 192 ml while the ratio mismatch was 7.4 (Figure 2).

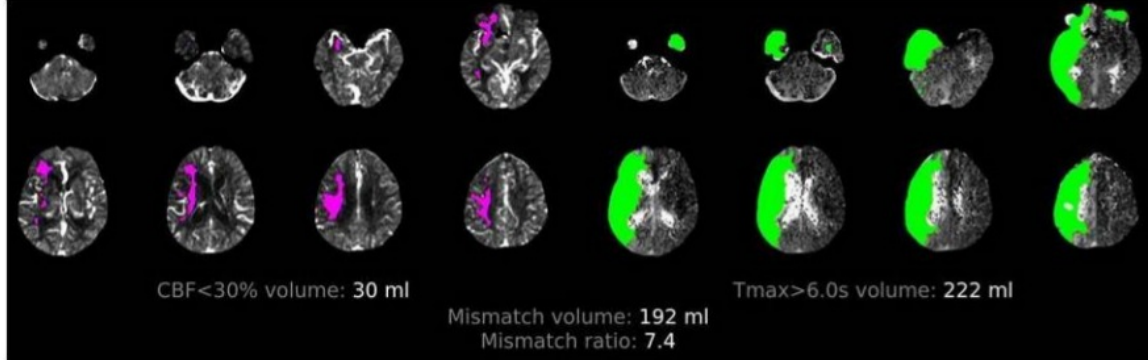


Figure 2. Perfusion Maps Rapid CT Perfusion. The figure above shows the unilateral perfusion deficit associated with clinical symptoms from the patient in the form of weakness in the left body. Impaired Cerebral blood flow (CBF) area (less than 30%) is 30ml and Time to Peak concentration ($T_{max} > 6$ s) is 222 ml. The mismatch volume (222-30) was 192 ml while the ratio mismatch (222/30) was 7.4.

The RAPID ASPECTS score was also 10 (Figure 3). CT brain perfusion showed a large area of potentially salvageable ischemia in the right MCA territory with small infarct core (Figure 4) and CT Angiography revealed right internal carotid artery stenosis (Figure 5).

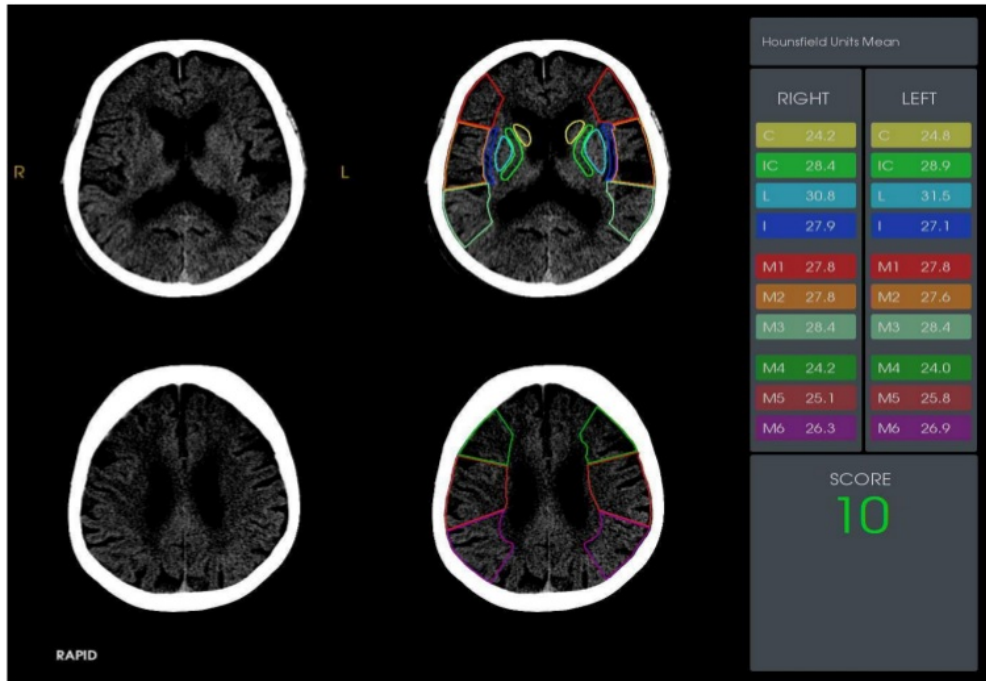


Figure 3. RAPID ASPECTS. There is no visible hyperdense or hypodense area in the M1-M6 and C Caudate area, IC Internal Capsule, L Lentiformis, I Insular Ribbon.

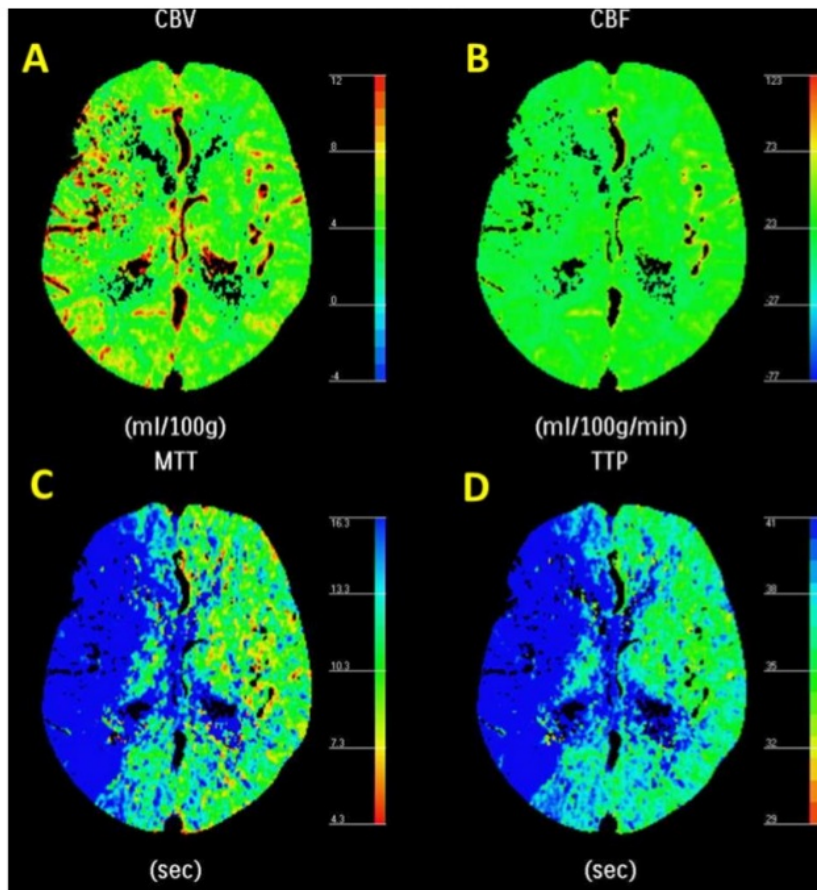


Figure 4. CT Brain Perfusion. A. Cerebral Blood Volume (CBV), a small infarct core appeared in the right hemisphere; B. Cerebral Blood Flow (CBF), shows a small area of infarct core in right hemisphere; C. Mean Transit Time (MTT), a large MTT defect within the right MCA territory; D. Time To Peak (TTP), a wide TTP defect within the right MCA territory.

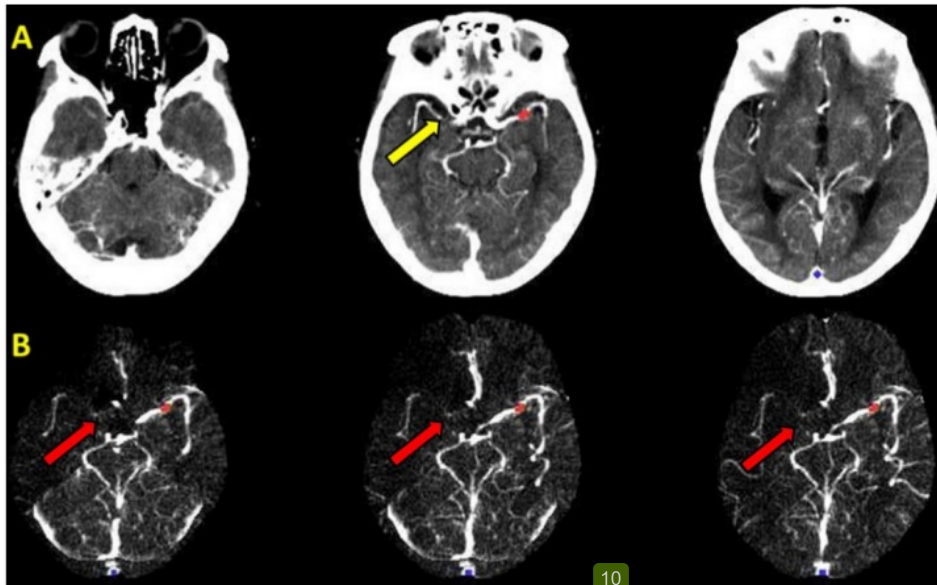


Figure 5. CT Angiography. A. Thrombus seen in the distal right internal carotid artery (yellow arrow); B. Bolus Time of contrast did not show contrast flow to the right internal carotid artery and did not show collateral from the left cerebral vessel (red arrow).

After several neuroimaging examinations were carried out, an endovascular procedure in the form of an intra-arterial (IA) mechanical thrombectomy was performed. The result was smooth blood flow in the right internal carotid artery, visible slowing of blood flow in the right external carotid artery and visible stenosis in the inferior division of the right MCA. Modified Thrombolysis in Cerebral Infarction (mTICI) was III. (Figures 6 and 7).

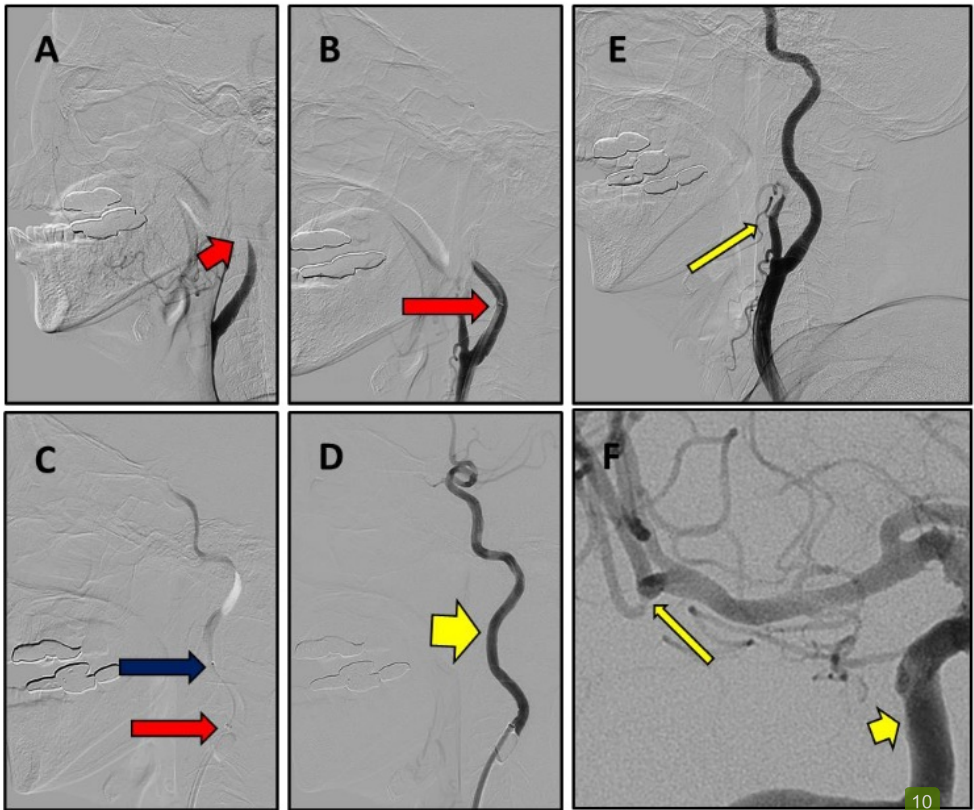


Figure 6. Intra-arterial Mechanical Thrombectomy. A. Thrombus seen in the distal right internal carotid artery (red arrow); B. Distal tip of Guiding Catheter Flow Gate (red arrow), C. Distal tip of Guiding Catheter Flow Gate (red arrow), distal tip of microcatheter XT27 (blue arrow), D. Recanalization of the right ICA towards distal, E. Slowing flow to the right external carotid artery (yellow arrow), F. Visible flow from the right ICA (short yellow arrow) toward to the right MCA and stenosis appears in the inferior division of the right MCA (long yellow arrow).

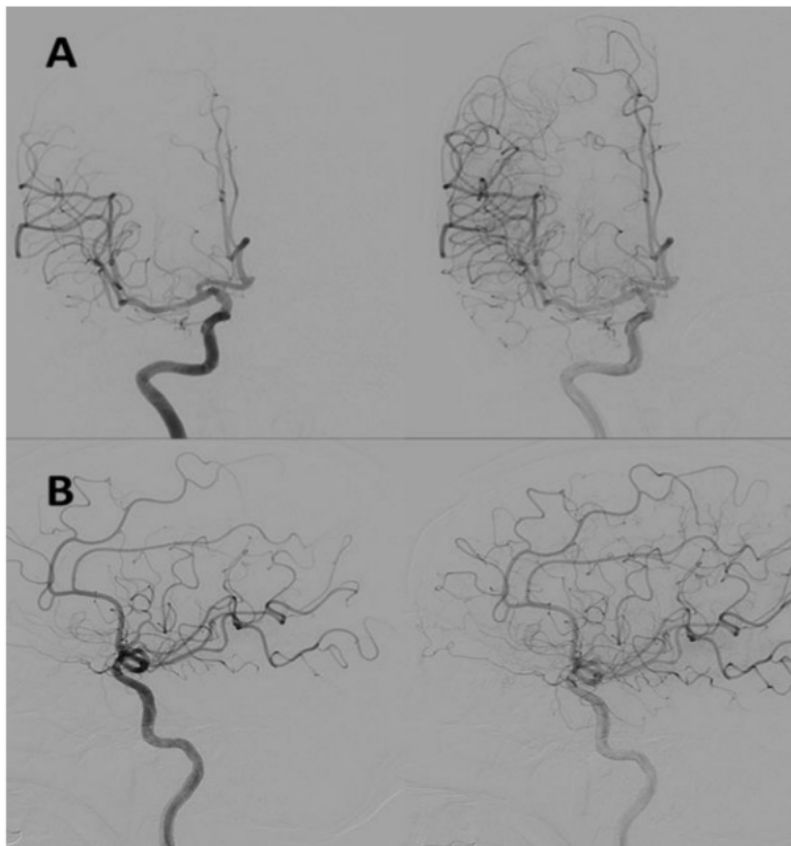


Figure 7. Digital Subtraction Angiography. A. Anterior Posterior view, visible perfusion throughout the MCA and ACA area, B. Lateral view, visible perfusion throughout the MCA and ACA area.

One day after IA Mechanical Thrombectomy, brain ¹⁵ magnetic resonance imaging (MRI) and magnetic resonance ⁵ angiography (MRA) imaging were performed with the result of extensive acute infarction ² in the territory of the right MCA with hemorrhagic transformation (in the frontal lobe, insula and basal ganglia). There were small acute infarcts in the right superior frontal (Area of ² Anterior cerebral artery / ACA) and in bilateral white matters.

¹⁷ The results of MRA showed complete recanalization of the right Internal Carotid Artery (ICA) and its branch (MCA). MR ¹ perfusion showed reduction of perfusion in the infarction area, increased Cerebral Blood Volume (CBV) and decreased Time to Peak (TTP) in the area around the infarct zone, suggesting a luxury perfusion. Non-contrast head CT scan was also performed after MRI and the result was acute infarction with hemorrhagic transformation in the

right MCA territory (Figure 7). The patient was still aphasic and hemiparesis when she was discharged.

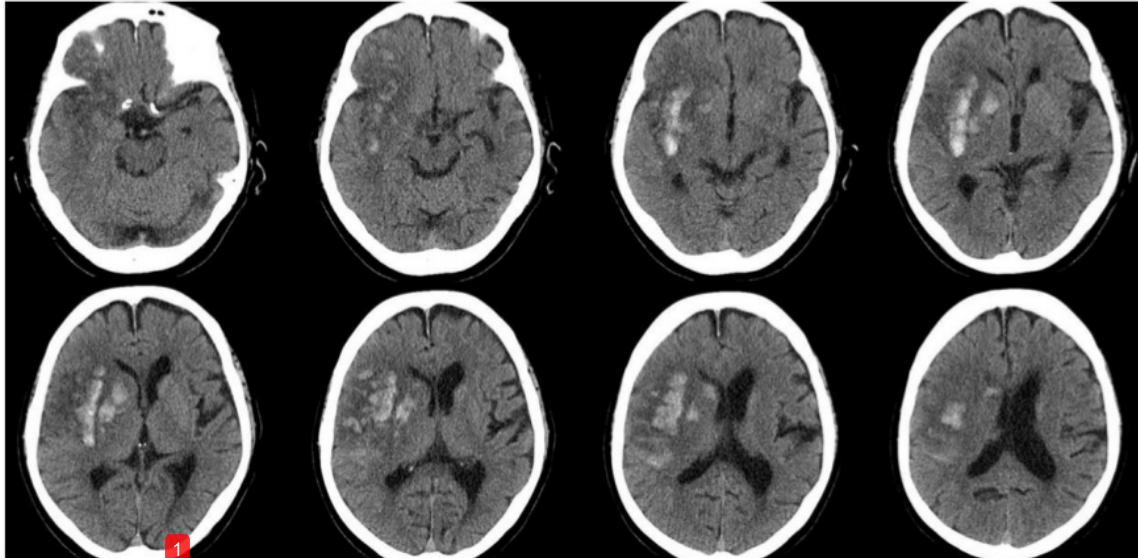


Figure 8. Non contrast CT head scan. Acute infarction in the right MCA territory with hemorrhagic transformation.

ENDOASCULAR PROCEDURES (INTRA ARTERIAL MECHANICAL THROMBECTOMY)

Intra-arterial mechanical thrombectomy started with administration of local anesthetics. The right femoral artery was punctured at the Common Femoral Artery (CFA) around the right inguinal fold using 8F femoral sheath. After the sheath was placed, 8F Flow Gate Balloon Guide Catheter (OD 0.106in / 2.7mm, ID 0.084in (6.4F / 2.1mm), length of 95 cm (Stryker Neurovascular) co-axial with 5F Davis catheter (Cook Medical) was used to reach the right ICA. However, due to tortuosity of the aortic arch, 5F Davis (Cook Medical) was replaced with 5F HN5 (Cook Medical) and then replaced with 5F SIM3, but still failed to pass the aortic arch. The femoral sheath was then replaced with the 8F Flexor® Shuttle® Guiding Sheath (Shuttle-SL; Cook, Bloomington, Ind) co-axial with 5F HN5 (Cook Medical) and then using the 5F Sofia (Microvention, Terumo) intermediate catheter still failed. Then 5F Sofia (Microvention, Terumo) was replaced with 6F, but still failed. Finally, using 11F femoral sheath, 8F Flow Gate Balloon Guide Catheter (OD 0.106in / 2.7mm, ID 0.084in (6.4F / 2.1mm), length 95 cm, Stryker Neurovascular) co-axial with 5F HN5 (Cook Medical) we were able to reach the right Common

Carotid Artery (CCA). Then contrast was injected, and there was right ICA stenosis. We used Microcatheter Prowler Preshaped 45'(Codman) with microguidewire Synchro-14 (Stryker Neurovascular) to remove thrombus, however it failed and was replaced with microcatheter XT27 (Stryker Neurovascular) and microguidewire Synchro-14 (Stryker Neurovascular). We successfully penetrated the thrombus in the right ICA. A moment before the microwire was directed to the thrombus, balloon flow gate was inflated to hold the blood flow to the right ICA. Then by using 50 cc spoit, aspiration was performed and negative pressure was maintained. After that Trevo retriever stents (Stryker Neurovascular) were used to pull the thrombus. The thrombus was seen in the spoit and in the stent retriever. Recanalization was seen on the right ICA to the right MCA, but we noticed reduction of blood flow in the right external carotid artery and stenosis in the inferior division of the right MCA. Endovascular procedures for intra-arterial Mechanical thrombectomy was successful with the result of mTICI were III.

DISCUSSION

Cerebrovascular disease/stroke is the most common neurologic disorder, with 795,000 new cases annually. Approximately 600,000 cases are first time stroke and around 185,000 cases are recurrent stroke. Acute ischemic stroke (AIS) is the most common type of stroke. One of the major independent risk factor for stroke is Atrial fibrillation, which can increase the risk of stroke by 5 times [9]. The treatment of AIS has evolved, started in 1995 with the administration of recombinant tissue plasminogen activator (rt-PA) in AIS patient with less than 3 hours onset [5]. However, recent studies showed that rt-PA is not effective in the case of large cerebral blood vessels occlusion /LVO [10],[11]. In this case, the patient had a stroke with less than 3 hours onset. The neuroimaging examination showed thrombus in the right ICA, in accordance with LVO, thus rt-PA was not given in this patient.

The development of endovascular intra-arterial mechanical thrombectomy, first reported in the early 2000s. After that, many prospective, multi-center randomized controlled trials (MC RCT) about mechanical thrombectomy were published. These studies confirmed the safety and efficacy of intra-arterial mechanical thrombectomy in the management of AIS, particularly in LVO. In 2013, three prospective MC-RCT studies, Interventional Management of Stroke (IMS) III, Mechanical Retrieval and Recanalization of Stroke Clots Using Embolectomy (MR RESCUE), and Intra-Arterial vs. Systemic Thrombolysis for Acute Ischemic Stroke

(SYNTHESIS EXP) stated that endovascular therapy was not superior compared to conventional therapy [12],[13],[14]. Then in early 2018, two MC-RCTs which were DWI or CTP Assessment with Clinical Mismatch in the Triage of Wake-Up and Late Presenting Strokes Undergoing Neurointervention (DAWN) Trial and Endovascular Therapy Following Imaging Evaluation for Ischemic Stroke (DEFUSE 3) trials stated that AIS therapy with endovascular treatment can be beneficial until 16-24 hours stroke onset. Those studies also confirmed that intra-arterial mechanical thrombectomy was safe and did not associate with significant increase in symptomatic intracranial hemorrhage (sICH) [15],[16]. DEFUSE 3 study used quantitative software in neuroimaging assessments. The inclusion criteria were age between 18-85 years, National Institutes of Health Stroke Scale (NIHSS) score ≥ 6 , LVO, ischemic core <70 ml, mismatch volume ≥ 15 ml or DWI volume <25 ml. The exclusion criteria were blood pressure $> 185/110$ mmHg, coagulopathy, and the ASPECTS score <6 on the head NCCT scan. In this case, the patient was 80 years old, NIHSS 15, LVO in the right ICA, the mismatch ratio was 7.4 ($>1,8$), the mismatch volume was 192 ml, systolic blood pressure <185 , no history of coagulopathy and the ASPECTS score > 6 . Thus, we decided to perform intra-arterial mechanical thrombectomy to this patient.

Intra-arterial mechanical thrombectomy is a recommended treatment for AIS, especially in LVO. However, this treatment can cause several complications intraprocedural or in the 72 hours post procedural. Intraprocedural complications are injury to the wall of cerebral arteries due to manipulation of thrombectomy devices, hematomas at the CFA puncture site, infection at the puncture site, complications related to thrombectomy devices such as vasospasm, arterial perforation and dissection, errors in placing the device, symptomatic intracerebral hemorrhage, subarachnoid hemorrhage, pseudo aneurism or embolization of the distal arteries. There are also additional risk from anesthesia or contrast material injection [17]. In this case, intra-arterial mechanical thrombectomy successfully evacuated the thrombus in right ICA, and resulted in recanalization of the right ICA and its distal branch, ACA and MCA. However, when performed thrombectomy, it is very difficult to place the catheter in the right CCA due to tortuous aortic arch. Extensive manipulation of thrombectomy devices might cause the release of small thrombus into distal circulation. Despite recanalization, the contrast flow in the right ICA was slow and stenosis was seen in the inferior division of the right MCA. One day after post-therapy, MRI and NCCT head scan showed acute infarction in the right MCA

territory with hemorrhagic transformation. The patient still had left sided hemiparesis and aphasia. Complication arose in the form of intracerebral hemorrhage after intra-arterial mechanical thrombectomy and she was treated with a hemorrhage stroke protocol.

CONCLUSION

Cerebrovascular disease / stroke are the major cause of death and disability in the world and in Indonesia. Acute ischemic stroke is the most common type of stroke. Early treatment of AIS, from intravenous rtPA to intra-arterial mechanical thrombectomy, is recommended. Complications intra and post endovascular procedures can occur, but can be minimized by carefully perform the procedure and risk factor assessment.

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Competing Interests: The authors have declared that there are no competing interests exist.

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